

25 Sustainability Tips

1. Recycle your plastic bags and similar plastic film at King Soopers and switch to reusable cloth grocery and produce bags!
2. Compost your paper waste (tissues, napkins, paper towels, etc), kitchen scraps, garden trimmings, and yard waste.
3. Recycle everything you can and purchase items made from recycled materials.
4. Vote with your dollars. Purchase from companies that have adopted green practices, are growing local economies, and pay suppliers fairly.
5. Switch your Xcel energy bill to Windsource with Xcel and get your energy from the wind.
6. Try to eat a more climate friendly diet. Less meat and more locally sourced fruits, veggies, and grains.
7. Before throwing something in the trash, think about ways it could be reused, repurposed, or possibly donated or fixed up.
8. Save energy by hanging your clothes on a clothesline instead of running the dryer.
9. Save money and the planet by shopping at consignment and thrift stores.
10. Purchase an old fashioned reel lawnmower or save up for a new electric one. They both have zero emissions.
11. Bring your own containers to restaurants to take your left-overs home in.
12. Consider an electric or hybrid car for your next vehicle purchase.
13. Plan your errands for efficiency to reduce the amount you have to drive and save yourself time!
14. Read recycling guidelines to make sure you aren't contaminating the normal recyclables (no plastic bags, no plastic coated paper, no coffee cups, etc). Learn where to recycle those hard to recycle items (blocks of styrofoam, electronics, yoga mats, ziplock bags, etc.)
15. Join a community garden or grow your own food in your yard.
16. Plant a tree to replace the great number of Ash trees that are dying off from the Emerald Ash Borer Beetle.
17. Look into solar options for your house.
18. Communicate electronically to save paper.
19. Bring your reusable bags everywhere you will buy or gather things (Clothes stores, Home improvement stores, office supply stores, the dentist, library, etc.)
20. Have your house audited for energy leaks.
21. Consider the packaging used and possible alternatives when purchasing products.
22. Bring your own containers along and shop at the bulk food bins at grocery stores.
23. Use a reusable coffee cup and water bottle.
24. Set up a rain barrel system at your house.
25. Grow native plant species or at least drought resistant ones to save on watering.